

**BHARATIYA VIDYA BHAVAN'S  
MEHTA VIDYALAYA  
HOLIDAY HOMEWORK  
NURSERY 2022 – 23  
ENJOY SUMMER VACATIONS**



**Dear Parent,**  
**With warmth within and warmth around Summer vacation brings excitement for children. Our young explorers at this time enthusiastically explore and enquire. During these exploration and play they nurture their curiosity in their holistic development. So, lets provide a positive learning atmosphere to them so as to bring quality changes in child. While the child works on the given suggested tasks, support her/him in such a manner that it builds responsibility and ownership towards the task. This kind of support will make your child feel empowered and independent.**







**Here are some guidelines which can be followed during the summer break:**

- ❖ **Encourage the child to be expressive and to speak clearly.**
- ❖ **Involve your child in household chores such as asking him or her to keep the fruits and vegetables in the refrigerator, laying down the table, arranging the clothes in their drawer and so on.**
- ❖ **Make them responsible by asking them to perform the tasks pertaining to their siblings/ elders.**
- ❖ **Narrate good pictorial bed-time stories to your child.**
- ❖ **Assist your child to turn the pages of story books.**
- ❖ **Encourage them to eat healthy and hydrate them with lot of water , juices , coconut water etc.**





Dear Children,  
Let's Be Independent:

- Kindly learn to button/unbutton the dress and zip/unzip
- Learn to use napkin and apron on the table and how to fold it nicely after use.
- Water the plants which you have at home together with your family members on every Sunday.
- Help your parents in cleaning the car/ scooter/ bike and in laying down the table for lunch time/ dinner time.
- Make a habit of cleaning up the table after having meals.
- After playing with your toys, learn to keep them back at the proper place.
- Do a lot of scribbling and colouring activities.
- Learn your home address and phone number of your father and mother orally





Following is a list of suggested activities which may be carried out to nurture creativity, imagination and scientific temperament in our tiny tots.

➤ Physical exercises / yoga

Do the morning exercises regularly.

➤ Have a fruit break : Start your day with a seasonal fruit to keep you healthy and energized.

➤ Experiential learning (sink / float)

To promote scientific temperament among our curious explorers encourage them for a little play with water activities. Do help them in picking up objects from the surroundings to help them during the activity. You may show them the video using the link provided

<https://youtu.be/2PpYpS8zFTA>

- **Cooking without fire**  
Our munchkins can cook too !

Encourage the kids to prepare some healthy food without using fire. Try to make the meals as colourful as possible.

### **Preparing the fruit salad / fruit chaat**

<https://youtu.be/YU6uKYsqWEg>



### **Preparing healthy ice cream at home**

<https://youtu.be/jwmNjJgZanM>



# **ART AND CRAFT ACTIVITY**

## **Best out of waste**

**Children will learn to reduce and reuse the material available in their surroundings**

### **Prepare a table mat**

**Make an A 3 size table mat using pictures from old magazine/ child's drawing. Please get it laminated as well.**



### **Prepare a small dustbin**

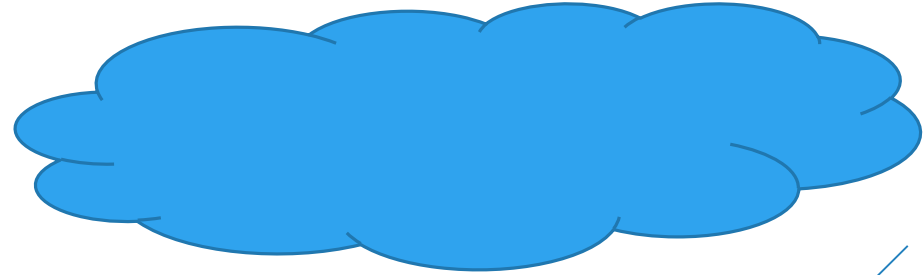
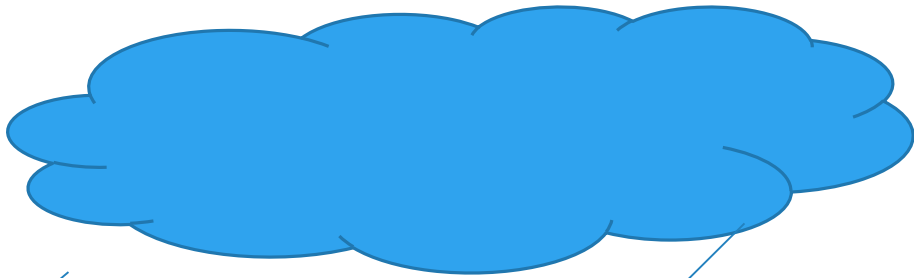
**Prepare a small dustbin using bottle, toilet roll, glitter tape , colours etc .**



Paste icecream sticks in standing line to create fence







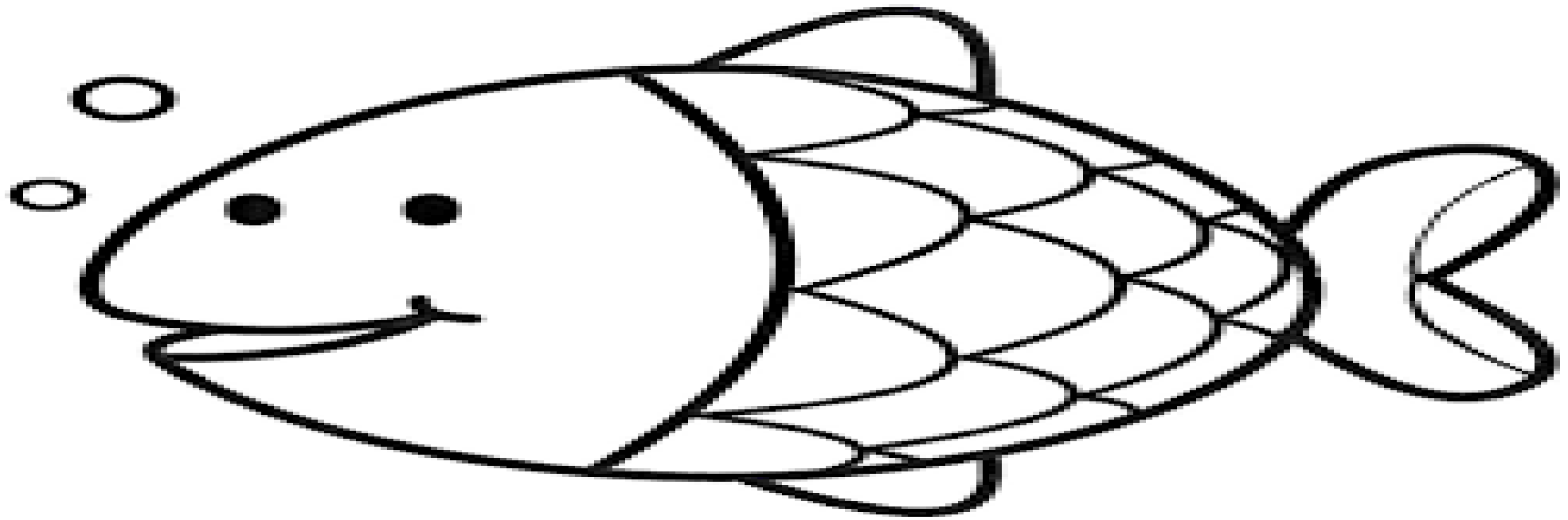
**Paste the straw on  
the slanting lines**

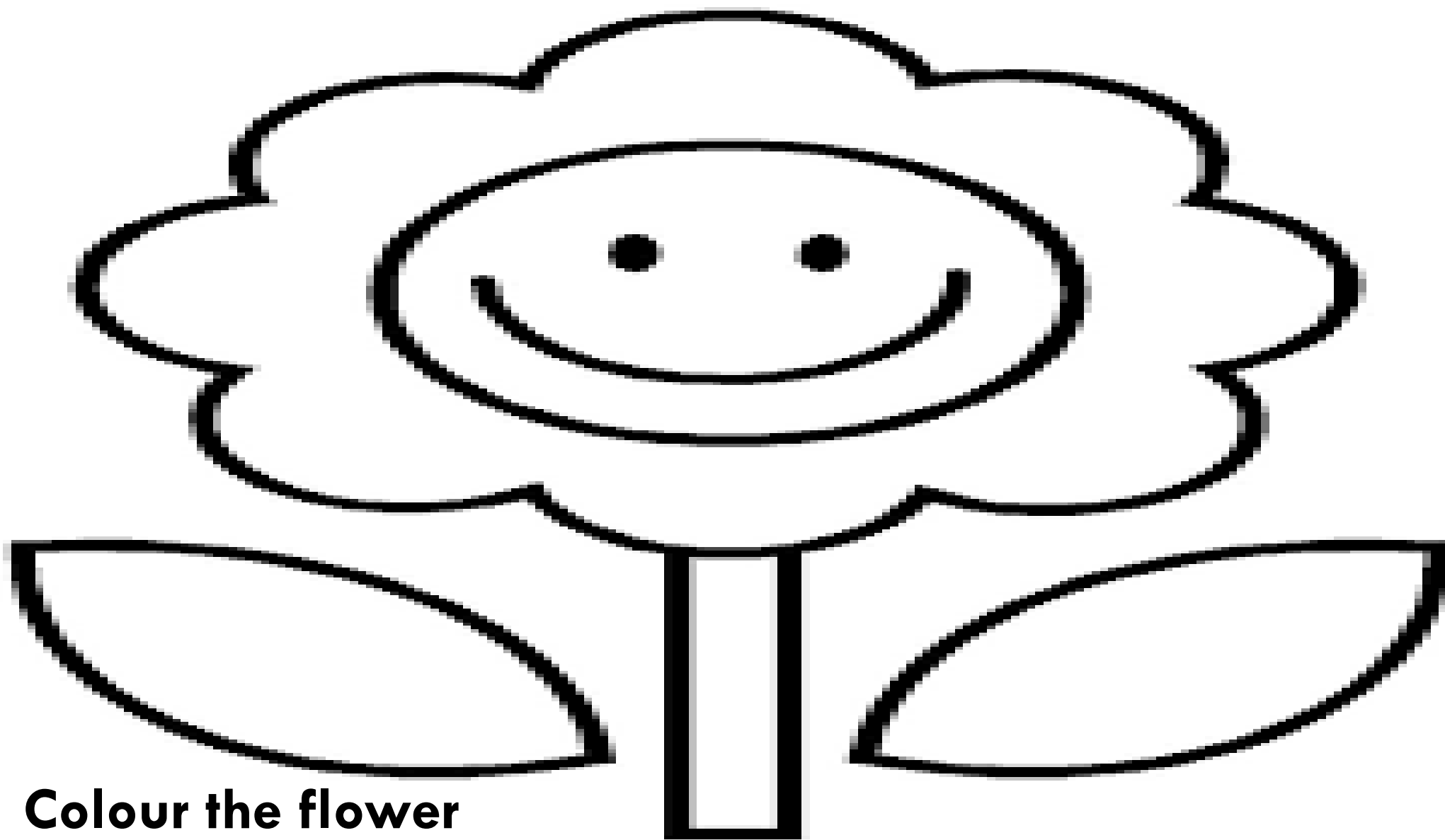


**Trace the sleeping lines  
using ear buds.**



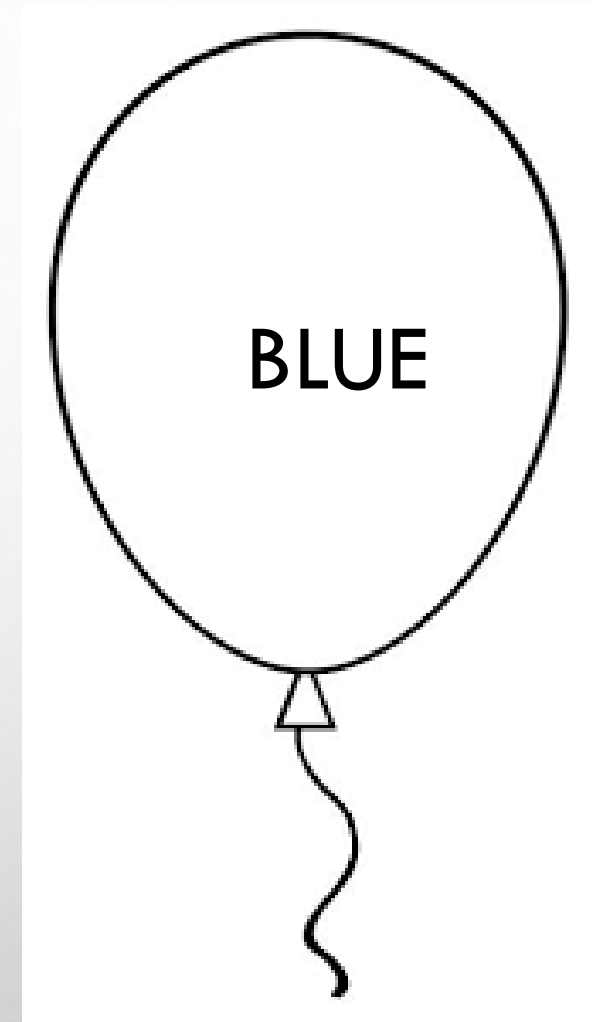
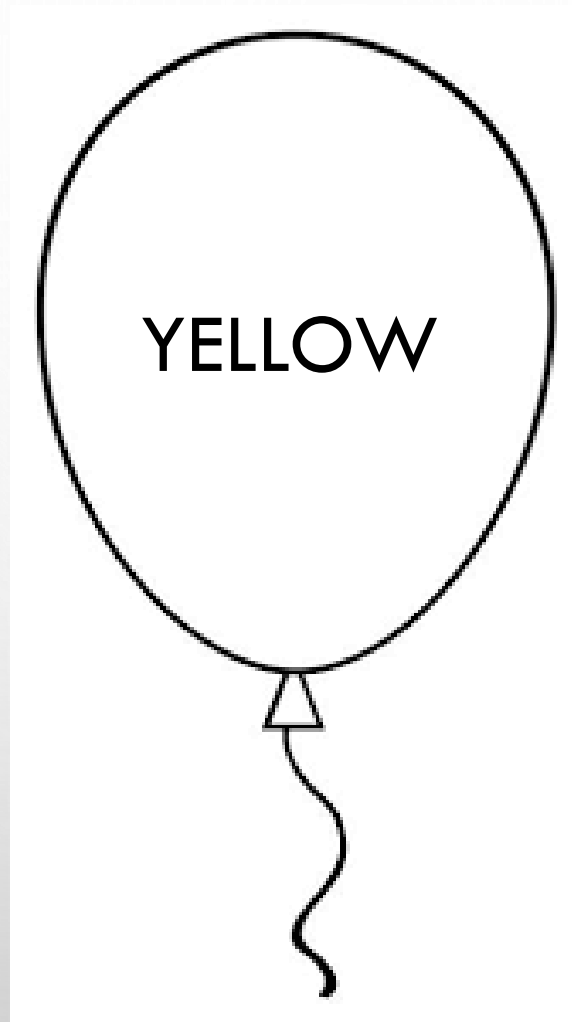
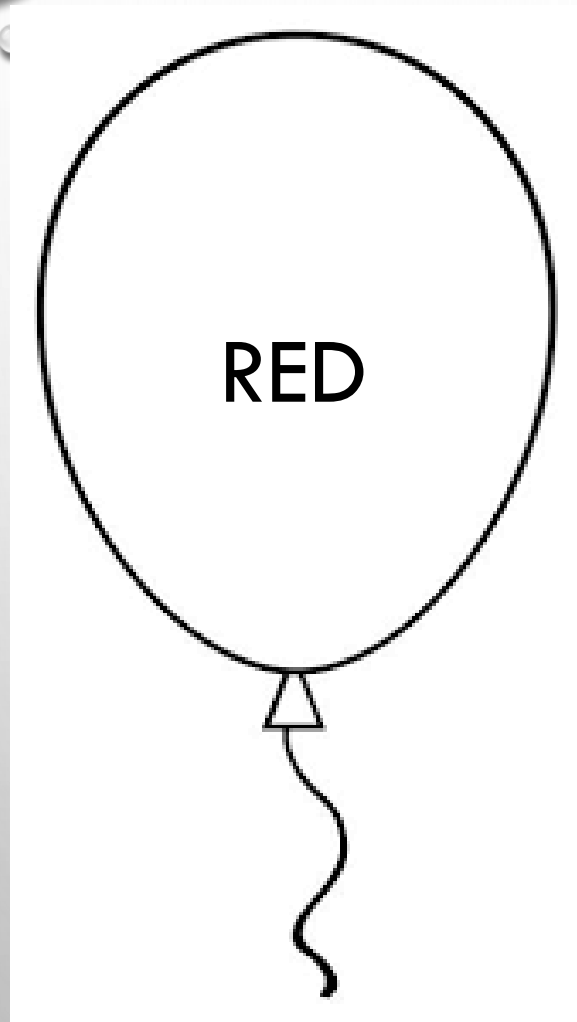
Colour the fish





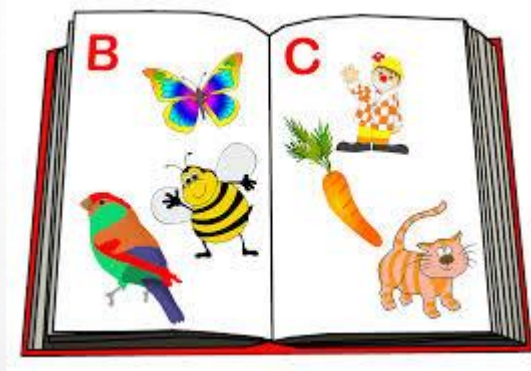
**Colour the flower**





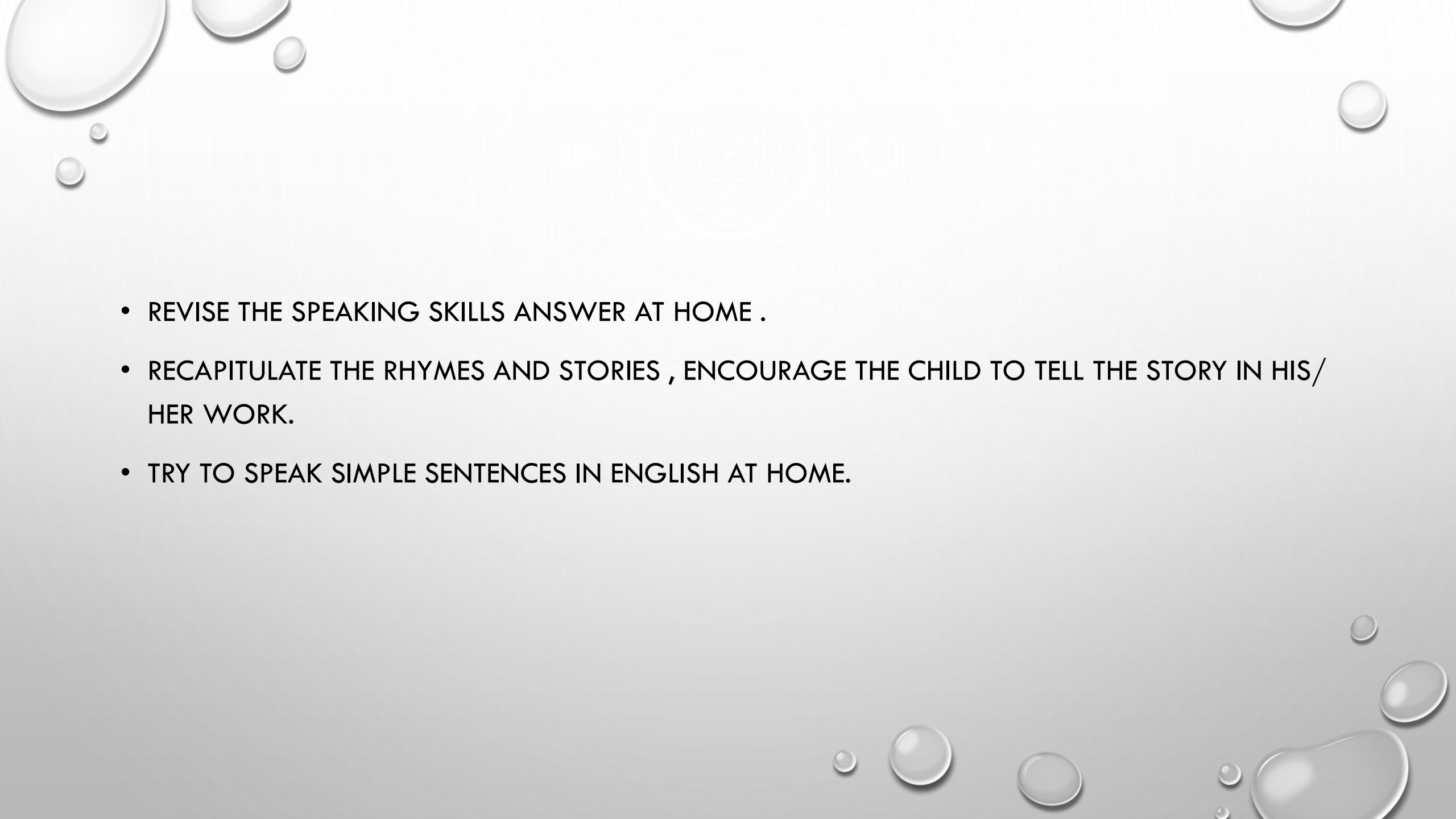
**Primary colours – Colour the balloons**

# PREPARE A PICTURE BOOK



- PASTE THE PICTURES OF RED , YELLOW AND BLUE OBJECTS
- PASTE THE PICTURES OF OBJECTS WITH CIRCLE AND SQUARE SHAPES.



- 
- REVISE THE SPEAKING SKILLS ANSWER AT HOME .
  - RECAPITULATE THE RHYMES AND STORIES , ENCOURAGE THE CHILD TO TELL THE STORY IN HIS/HER WORK.
  - TRY TO SPEAK SIMPLE SENTENCES IN ENGLISH AT HOME.

Have an  
awesome  
Summer!

